

## REGULATIONS

### „Lubuskie warte zachodu”

### International cyclocross competition UCI C2

10.12.2023

#### 1. Aim of the race

- Popularization of cyclo-cross cycling
- Sport promotion among children and youth
- Promotion of Lubuskie, Zielona Góra and WOSiR Drzonków
- Earning points for the UCI ranking and the PZKOL Challenge

#### 2. Organizer

- LKS Trasa Zielona Góra, ul Drzonków- Olimpijska 20, 66-004 Zielona Góra  
Information and news regarding the race on FB: **PucharPolskiCXWOSiR**

#### 3. Co-organizer

- Marshal's Office of the Lubuskie Voivodeship
- Seven Perceptus

#### 4. Race director

- Leszek Dutczak - +48 604 062 554 - e-mail: [lkstrasazielonagora@gmail.com](mailto:lkstrasazielonagora@gmail.com)

#### 5. Date and place of the competition

- 10th December 2023 (Sunday)
- In WOSiR Drzonków, ul. Drzonków-Olimpijska 20, 66-004 Zielona Góra

#### 6. Competition office

- In the building of the Cross-Border Sports Academy in WOSiR  
Drzonków, ul. Drzonków-Olimpijska 20, 66-004 Zielona Góra

#### 7. Race class

- The race is included in the UCI calendar for the 2023/2024 cyclocross season and has the rank **UCI C2** race for the following categories:

**Men Junior, Women Junior, Men Elite, Women Elite”**

#### 8. Judges

- **LAGHI Giulia** PPresident of the Commissaires Panel - main judge
- Commissioner 2: Kunc Agnieszka
- Commissioner 3: Dymek Krzysztof
- The remaining judges are appointed by the college of judges

Result verification - [www.wynikizawodow.eu](http://www.wynikizawodow.eu)

## 9. Race route

Round length - 2,8km. The race takes place in a modern sports center. There are two obstacles on the route, stairs, a sand section and a double-sided technical box.

[Route map in Annex 1.](#)

Route manager: Pawel Znamirowski - tel. +48 691 148 638

## 10. Participation

- Only competitors with a current license can take part in the race for 2023 in the following categories can take part in the competition: U13 man, U13 women, U15 man, U15 woman, U17 men, U17 women, U19 Men Junior, U19 Women Junior, U21 men, U21 women, Men Elite, Women Elite, Masters: I, II, III and IV, Amateur Open K+M
- Adult competitors, without a license have the right to participate in the "Amateur Open" race divided into Men's and Women's categories, on both cyclocross and MTB bikes. Competitors should sign a declaration of no health contraindications and full fitness responsibility related to participation in the race. Competitors start on their own responsibility. We encourage you to apply for a Masters license.

## 11. Applications and fees

- Applications for the race and fees - via the website: [www.wynikizadow.eu](http://www.wynikizadow.eu) until Thursday, **December 7, 2023, 6:00 p.m.**
- Contact of the timing company: **TCSOFT, ul. Tunelowa 20b/6, 40-676 Katowice**  
**tel. +48 503-143-095; kontakt@wynikizawodow.eu**
- Starting fees must be paid via the website when completing the form registration within the above-mentioned deadline:

### STARTING FEES

Categories	until <b>30.11.2023</b> taryfication „A”	until <b>07.12.2023</b> taryfication „B”
U13 (men and women)	0,00 zł	0,00 zł
U15 (men and women)	10,00 zł	20,00 zł
U17 (men and women)	15,00 zł	30,00 zł
U19 (Men Junior, Women Junior)	20,00 zł	40,00 zł
Men Elite, Women Elite	30,00 zł	60,00 zł
U-23 (men and women)	30,00 zł	60,00 zł
Masters	40,00 zł	80,00 zł
Amator M / K	50,00 zł	100,00 zł

- **Only competitors who have paid the starting fee will be included on the starting list.**
- Line-up at the start according to the UCI and PZKol rankings and for the Amateur category according to the order of payment!
- Issuing starting numbers at the Race Office on the day of the race, December 10, 2023 from time. 8:00, up to 60 minutes before the start of a given age category.
- **Note: The competitor is obliged to return his starting number and chip. For unreturned or damaged starting number or chip - fee PLN 100.**
- People who want to receive an invoice for entry fees should report this fact while making the payment. Payments via the website [www.wynikizadow.eu](http://www.wynikizadow.eu).
- In the event of resignation from participation in the competition by December 1, 2023, the starting fee will be refunded less handling costs. After the appointed time the fee will not be refunded.

## 12. Competition program:

### 09.12.2023 (Saturday)

- 14:00 – 16:00 trening na trasie zawodów

### 10.12.2023 (Sunday)

- 08:30 – 09:15 training on the competition route

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- 09:30 – Masters I (35-44 years) – 40 minutes
  - 09:31 – Masters II (45-54 years) – 40 minutes
  - 09:32 – Masters III (55-64 years), Masters IV (65 years and older) 30 minutes
  - 09:33 – Amateur Men Open – 40 minut
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- 10:25 – U15 Men (2010-2011) – 20 minutes
  - 10:26 – U15 Women (2010-2011) – 20 minut
  - 10:27 – U13 Men and Women (2012-2013) – 1 lap
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- 11:00 – U17 Men (2008-2009) – 30 minutes
  - 11:01 – U17 Women (2008-2009) – 30 minutes
  - 11:02 – Women Masters (35 years and over), Women Amateur (18+) – 30 minutes
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- 11:35 – 12:00 training on the competition route
  - 11:30 - St. Nicholas Day competition for children (2-10 years old) on a separate route
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- 12:15 – Men Junior **UCI** (2006-2007) – 40 minut
  - 12:16 – Women Junior, **UCI** (2006-2007) – 40 minut
  - 13:15 – WOMEN Elitet + U23 (OPEN) **UCI** – 50 minut
  - 14:15 – MEN Elite + U23 (OPEN), **UCI** – 60 minut

**Award Ceremony - 15 minutes after the end of the races**

### 13. Rewards

Prizes:

- U13 man, U13 women for places 1-6
- U15 man, U15 woman for places 1-6
- Women Masters and Women Amateur for places 1-3
- Amateur Men for places 1-3

Cups for winners in each category.

### Cash prizes:

Place	Elite Men/ Women Elite	UCI points	Junior Men/ Junior Women	Punkty UCI	U17 men / U17 Women	Masters I, II, III, IV
1	1 650 zł	40	700 zł	30	250 zł	250 zł
2	850 zł	30	500 zł	20	200 zł	150 zł
3	600 zł	20	350 zł	15	150 zł	100 zł
4	450 zł	15	300 zł	12	120 zł	
5	400 zł	10	250 zł	10	100 zł	
6	380 zł	8	250 zł	8	70 zł	
7	350 zł	6	250 zł	6	60 zł	
8	340 zł	4	200 zł	4	50 zł	
9	320 zł	2	200 zł	2		
10	300 zł	1	200 zł	1		
11	270 zł		150 zł			
12	250 zł		150 zł			
13	220 zł		150 zł			
14	200 zł		150 zł			
15	180 zł		150 zł			
16	120 zł					
17	120 zł					
18	120 zł					
19	120 zł					
20	120 zł					
<b>TOTAL:</b>	<b>14 720 zł</b>		<b>7 900 zł</b>		<b>2 000 zł</b>	<b>2 000 zł</b>

**The prize pool is PLN 26.620 in cash and PLN 4.000 in kind.**

The first three competitors will be decorated on the podium and receive cash prizes, all participants receiving prizes in kind.

**Award Ceremony - 15 minutes after the end of the races**

Cash prizes can be collected at the competition office or by transfer after sending the account number to address: [lkstrasazielonagora@gmail.com](mailto:lkstrasazielonagora@gmail.com)



#### 14. Final Provision

- The race is organized in accordance with the regulations of the UCI, PZKOL and these regulations.
- The organizers reserve the right to make any necessary technical changes to the race schedule due to emergency circumstances.
- In the Amateur Open category, participation on both cross-country and MTB bikes is allowed, in other categories the same as in the PZKOL rules.
- All competitors are obliged to wear a hard helmet on the route with numbers
- The organizer does not insure competitors and accompanying persons in the race against accidents and civil liability.
- The organizers and persons associated with the organization of the race are not responsible for property and personal damage to participants during the competition
- Antidoping control location: In the building of the Cross-Border Sports Academy in WOSiR Drzonków, ul. Drzonków-Olimpijska 20, 66-004 Zielona Góra
- **Nearest Hospital: University Hospital. Karola Marcinkowskiego in Zielona Gora ul. Zyty 26, 65-046 Zielona Gora**

#### 15. Organizational matters

- **Accommodation and meals:**  
Accommodation at WOSiR Drzonków - accommodation available  
Price list and reservation via [www.drzonkow.pl](http://www.drzonkow.pl) or to the following address:  
[cok@drzonkow.pl](mailto:cok@drzonkow.pl), mobile phone: +48 603 034 546, +48 603 695 884
- WOSiR Drzonków provides the opportunity to purchase food for competition participants.
- WOSiR Drzonków will provide changing rooms and showers at the facility.
- The race organizer provides a bicycle washing station.

#### RACE ROUTE:


